AOGP INTERNATIONAL MEDICAL GRADUATE EXAM PREPARATION PROGRAM: A FLEXIBLE PACKAGE FOR OVERSEAS TRAINED DOCTOR (OTD) TRAINING
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Background:
Adelaide to Outback GP Training Program (AOGP) has provided various iterations of Overseas Trained Doctor (OTD) Fellowship Exam Preparation Training for 10 years. During this period the funding to support this training has varied. From these experiences, AOGP reviewed and refined the essential educational elements to create an educationally robust and cost efficient Overseas Trained Doctor National Education and Training (OTDNET) program.

Objective:
Based on our experience within this variable environment, AOGP has developed a flexible, modularised training package for OTD Exam Preparation with a focus on sustainability.

Approach:
The AOGP OTD support has been packaged into a core program and additional modules. The core program consists of the essential elements for focussed exam preparation; including an orientation, medical educator (ME) support, a comprehensive exam needs analysis, negotiation of an exam preparation plan and mock exams. Additional modules can then be accessed depending on funding and OTD requirements. They include: a virtual study group, personalised mentoring, in-practice education and support, flexible online education, communication and language coaching and other clinical training days.

Findings:
Two key advantages to this modular approach are.

Adaptable provision of OTD exam preparation support in a changing environment
AOGP has been able to use this existing modularised package to quickly respond to new funding opportunities, such as OTDNET, with minimal set up required. By March AOGP have already engaged 13 OTDs into OTDNET program training.

Sustainability of support through efficient use of resources
A flexible program allows resources to be used more efficiently. It decreases the investment in creation of new resources and up skilling of MEs for new methods of delivery. This also lessens the burden of time associated with the ME role, increasing the sustainability.

Discussion:
The modular approach allows for efficiency and customisation of training within a variable environment and has allowed AOGP to sustain OTD support in the long-term. This approach is recommended for other RTPs engaging in OTD training.